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# Temporary bike lane push gearing up

**102 AVENUE**  
**Stantec prepared to match city's \$10K investment**

 **Ryan Tumilty**  
 Metro | Edmonton

A city councillor and a private company are joining forces Tuesday to push Edmonton to build temporary protected bike lanes long before the permanent ones are created at least four years from now.

On Tuesday, Coun. Scott McKeen will ask the city to examine creating a temporary bike lane on 102 Avenue as soon as possible and study a complete minimum grid through the downtown, and will have engineering firm Stantec propose to match the city's \$10,000 investment on this.

The 102 Avenue protected bike lane, which council first approved in 2014, is currently unlikely to see construc-

tions until at least 2020 and possibly later. The city said the delay is for public consultation, but also because the lane would run alongside the extension of the Valley Line LRT.

McKeen said the cycling community has told him the delay isn't acceptable. "What they are not understanding right now is the length of time it is taking to get this done," he said. "I'm getting a lot of push, a lot of upset (feelings) from the cycling community."

Keith Shillington, a senior vice-president with Stantec, said between 60 to 80 of his staff cycle to work and have expressed concerns about being able to safely ride to the company's new tower downtown, when it opens in 2018. "We may lose them because they will find other ways to get there, so that's part of the gap we identified," he said.

Shillington said the company knows how to do this work and sees it as a win-win to help on this project.

"We have done bike studies throughout North America, so it is quite frankly easy for us to apply the expertise."



Edmonton's Olympians

# ON YOUR MARK

**Three Edmonton women are off to Rio as part of the Canadian Olympic track team**

**metroNEWS**



Carline Muir is among the 65 track athletes representing Canada at this year's Olympic Games. TIM QUERENGESSER/METRO



  
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This rendering shows what the new building on Jasper Avenue will look like. SUPPLIED/CNIB

# 5

## THINGS THAT MAKE A TOWER MORE ACCESSIBLE FOR THE VISUALLY IMPAIRED

Chris Downey, one of the architects working on the new 35-storey tower on Jasper Avenue, lost his sight eight years ago. Incredibly, he now specializes in helping architects design with vision loss in mind. Here are five things he helps incorporate to make a building work for the visually impaired.

**Ryan Tumilty**  
Metro | Edmonton

### 1 Lighting

Designing a building for people with low or no vision also requires good lighting and making sure a building doesn't make it harder for someone to see. "Glare can be a real problem if you are low vision," he said.

### 2 No hard edges

Downey said the project hasn't yet advanced to the design of the individual rental units, but generally he encourages developers to make sure transitions in apartments are easy. "If you're blind and you don't know when you are going to hit an edge. It would be nice if that edge wasn't razor sharp," he said.



### 3 Elevators

Downey said simple things like making sure the elevator announces floors can be important for people who can't see. He said it also helps people who are distracted by smartphones or simply not paying attention.

### 4 Contrast

The design elements are important for people with no vision and people with limited vision, said Downey and one of those important elements is contrasting colours. He said designers sometimes make a door the same colour as the surrounding walls to help it blend in, but that doesn't work for the visually impaired. "Having a light frame around a door, can be really helpful in calling out the location of the door," he said.

### 5 Sidewalks

Downey said something as simple as a change of texture on the sidewalks, marking where the entrance to a building is can be tremendously helpful. "You can recognize the difference and you may not in the first visit recognize it, but in the second or third you would realize that's the designation for the front door."



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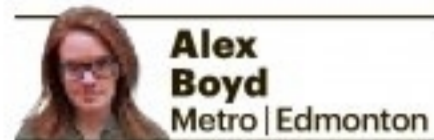
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# Gamers see city in new light

## POKEMON GO

Some say game taught them history of their neighbourhood



**Alex Boyd**  
Metro | Edmonton

When hunting virtual Pokémon, you should probably still keep track of your real world location.

"I work at a school and I noticed there was a Pokéstop out at the playground and I was about to walk over," said Adriana Amelio, who downloaded Pokémon Go in recent days. "But then I realized I'd probably look a little creepy if I was holding my phone up in a children's playground," Amelio said, laughing.

She's one of the many new fans of the game — released in the U.S. last week, it's already one of the biggest gaming phenomena in recent memory — helping them see their cities



**Adriana Amelio at the Legislature, which is a Pokéstop — a place where you can go to get certain in-game supplies in Pokémon Go.** TIM QUERENGESSER/METRO

in a new light.

While not technically available in Canada yet, many have found work-arounds, like changing the region on their iPhone, in order to join in.

How it works is simple: The app taps into a player's smart-

phone camera, so as they move around town they "see" creatures like Bulbasaur and Pikachu ripe for the capture.

Some players say it's led them to new neighbourhoods, while others say it taught them something about the history in

their area, as virtual Pokéstops are often located at real world landmarks.

"Bonnie Doon Mall is a place I go a lot, and it's always a little bit dreary, but now you have this added element of a fun game that makes you move

around," Amelio said.

"I think it's something different and it gives you a new view of an area."

Dana DiTomaso, president and partner with digital marketing agency Kickpoint, said it's that element of getting outside paired with nostalgia that has made the app so popular.

"The whole idea of the original game was you were going through the world and collecting the characters, and now you can actually go through the world and collect the characters," she said. "It's the dream of the original game come to life."

It's also the first game to really showcase the power of so-called 'augmented reality' technology, which could likely be the future of touch screens, she said.

DiTomaso echoes concerns about safety—many of the versions for Android likely have viruses, she said, and there's also the fact that it seems awfully real.

"It does feel more immersive, so you may forget you're in the real world," she said. "So please don't run out into traffic."

## 2016 OLYMPIC GAMES

# Local three set for Rio

Canada's track and field team for the Rio 2016 Olympic Games was announced in Edmonton Monday and three local women made the cut.

Angela Whyte will compete in the 100-metre hurdles, while Kendra Clarke and Carline Muir will both run the four-by-400-metre relay.

The Canadian Olympic Committee and Athletics Canada named a total of 65 track athletes, making up the largest track team Canada has sent to the Olympics.

The track stars earned their spots during the Canadian Championships and Selection Trials, which took place at Edmonton's Foote Field Thursday through Sunday.

Among them are two world champions — high-jumper Derek Drouin, who also won a bronze at the 2012 London Olympics, and pole vaulter Shawn Barber.

Across all sports, Canada will send more than 300 athletes to Rio de Janeiro.

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# Cyclists may need to walk for High Level

TRANSPORTATION

**Iveson raises possibility in light of tight space on bridge**



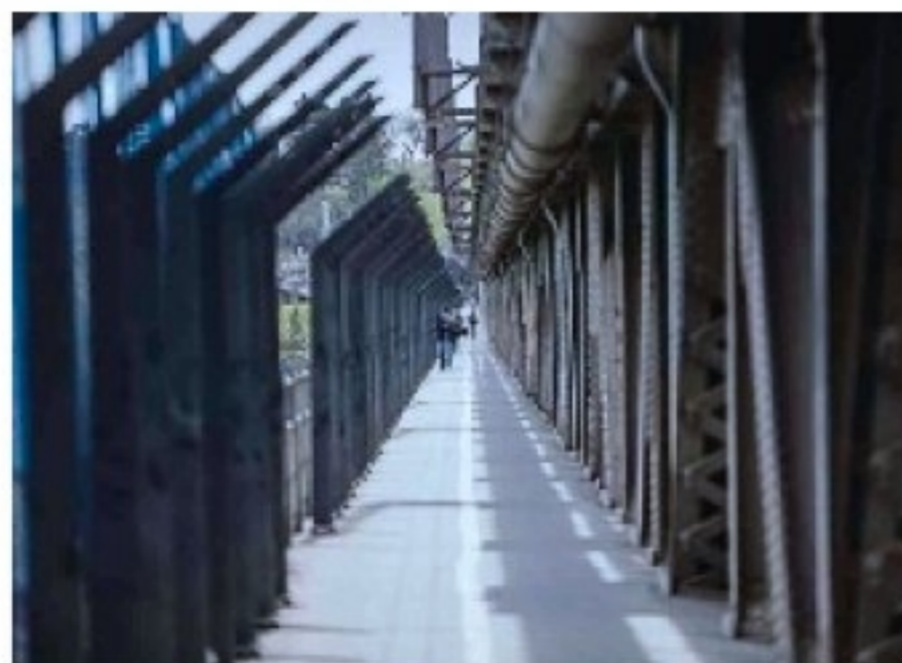
**Ryan Tumilty**  
Metro | Edmonton

Mayor Don Iveson said cyclist could be required to dismount on the east side of the High Level bridge in future if congestion problems continue.

Cyclists have raised concerns about the tight space on the bridge since the city installed suicide barriers beginning last year.

Iveson said the city is keeping a close eye on the situation, but they're optimistic it won't be as much of an issue once the barrier installation is complete.

"Once that work is done and we have both sides of the bridge open again and we go back to a new normal, hopefully there is still room for all users," he said.



The High Level pathways became narrower when the city installed posts for the new suicide barriers. METRO FILE

Iveson said he believes the west side of the bridge will be fine, but the east side is a little tighter and if the situation doesn't improve the city might have to ask cyclists not to ride across.

"It might be become necessary at some point to require (riders to) dismount, but that is something that is being mon-

itored; it is not being implemented any time soon," he said.

Iveson said the pathways have always been a little narrow and when the city next overhauls the bridge, in five to 10 years, it might be worth coming up with another solution.

"I hope when we redo the bridge next we can look at that."

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# Stop park development: Group

## ENVIRONMENT

### Funding better spent on research, science: CPAWS



**Alex Boyd**  
Metro | Edmonton

A new report from the Canadian Parks and Wilderness Society is sounding the alarm over what the watchdog group says is excessive commercial development in Banff and Jasper National Parks.

In its latest annual report, CPAWS is asking Parks Canada to halt controversial developments recently given the green light—including new accommodations at Maligne Lake, the expansion of the Lake Louise ski hill and

the recently announced bike path along the Icefields Parkway.

The report focuses on what CPAWS argues is a shift away from conservation in favour of “tourism and marketing, increasing visitation, and revenue generation.”

Alison Ronson, executive director of the northern Alberta chapter of the group, said that the national parks are supposed to be the most protected areas in the country.

“But the people who are supposed to be managing these parks for us are not paying attention to their mandate, and there are many projects being pushed through without enough environmental assessment or public review,” she said.

“People should be concerned about that.”

Ronson said that while money recently announced for infrastructure in the mountain parks

is welcome, some of it—including the \$66 million earmarked for the new bike path linking the Banff and Jasper townsites—would be better spent on science or research.

While the report is national in scope, the concerns raised focus in on the Alberta mountain parks.

Ronson said that’s because Banff and Jasper are the “crown jewels” of Canada’s 46 national parks. Together, they attracted more than six million visitors last year.

She added that their protection should have special importance to Edmontonians.

“Urbanites are faced with these issue everyday because we drink the water from these protected areas everyday, we breathe the air and we all benefit from having protected wilderness,” she said.

In an emailed statement, a Parks Canada spokesperson said that “it should be noted that strict development limits are in place to protect the ecological integrity of national parks.”

The statement also said Parks Canada will review all development for environmental effects.



... we drink the water from these protected areas everyday, we breathe the air and we all benefit from having protected wilderness.

Alison Ronson



An environmental group says Parks Canada is not protecting Jasper Park enough from development. iStock

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## VACANCY

### Medical examiner leaves post



**Kevin Maimann**  
Metro | Edmonton

The office of the Chief Medical Examiner is vacant once again in Alberta.

Forensic pathologist Dr. Jeffery Gofton announced last week that he will leave the post just over a year after he was appointed in March 2015, and will go back to Virginia where he used to work.

In a statement sent to Met-

ro, Gofton said his family is the reason he is leaving the post this summer.

“I’m leaving my current position for the Commonwealth of Virginia for family reasons where I have maintained a home, many friendships and professional ties,” he wrote.

Alberta’s previous Chief Medical Examiner, Dr. Anny Sauvageau, alleged political interference and intimidation by justice officials before the department chose not to re-

new her contract at the end of 2014.

Gofton, who will be leaving less than halfway through his three-year contract, said he has “absolutely no concerns of government or political interference in the performance of my duties as Alberta’s Chief Medical Examiner.”

The province’s Deputy Chief Medical Examiner, Dr. Elizabeth Brooks-Lim, will take his place while officials look for someone to fill the role permanently.

## POLITICS

### Premier Notley unfussed with unite-the-right ‘do-si-do’

Alberta Premier Rachel Notley says the “little do-si-do” taking place between Alberta’s two right-of-centre parties hasn’t changed how the NDP plans to tackle the next election.

She says her party’s strategy won’t change if longtime Alberta MP Jason Kenney succeeds in making willing dance partners of the Progressive Conservative and Wildrose parties.

“My focus as the premier of the province is to move forward on governing on the basis of the

values that I presented to Albertans in the last election, which they endorsed,” she said Monday.

“In the next election—regardless of how many different parties have popped up or disappeared or come together or done the little do-si-do with each other—it won’t matter because we’ll run on our record, the same record that Albertans chose in the last election.”

Notley made her remarks after flipping and serving up pancakes at the annual premier’s Stampede

Breakfast in downtown Calgary. It was her second year holding the event, which drew a crowd despite heavy rain.

Notley said the goal leading up to the 2019 provincial vote will be winning over Albertans who share the values the NDP stands for.

Alberta’s PCs were ousted last year by the New Democrats after more than four decades in power, and proponents of the unite-the-right movement say vote-splitting was to blame. THE CANADIAN PRESS

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# Student's family asks for help

BANGLADESH

## PM Justin Trudeau urged to intervene in the case

The family of a Toronto university student who was detained after surviving a deadly attack in Bangladesh has asked Prime Minister Justin Trudeau to intervene in the case of the young man, who is a permanent resident of Canada.

Tahmid Hasib Khan has been in custody in Dhaka since the July 1 attack, in which 20 hostages were killed, mostly foreigners.

The 22-year-old's family doesn't know why he's being held, but they insist Khan has done nothing wrong.

His brother, Talha Khan, who is a Canadian citizen, sent a letter through a lawyer to Trudeau's office on Monday, asking for Ottawa's help in

the case.

"It's requesting that they reach out to the government of Bangladesh, to let the government of Bangladesh know that Canada is concerned," said lawyer Marlys Edwardh.

"And (the letter asks) to seek access to this young man so that the conditions of his detention can be monitored and



**We want to know why he is being held, as a witness, or as a suspect.**

Talha Khan, Tahmid's brother

it can be ensured that he is not being held in circumstances that violate international norms."

Global Affairs Canada has said it is monitoring the situation in Bangladesh closely, but a spokeswoman said Monday

that "there are limits" to what any country can do for individuals who are not its citizens.

However, Edwardh said that although Khan is not a Canadian citizen, Ottawa does have "a clear discretion" to request consular access to him.

"Tahmid is a young man who has very real Canadian connections," she said.

Khan, an undergraduate student studying global health at the University of Toronto, had travelled to Dhaka to visit family, with plans to go on to Nepal where he was to begin an internship this week. He was meeting friends at an upscale restaurant in Dhaka's diplomatic zone when he got caught up in the 10-hour hostage crisis.

A group of young Bangladeshi men held about 35 hostages over night, killing 20 of them, including 17 foreigners from Japan, Italy and India. Two police officers were also killed in the siege.

THE CANADIAN PRESS



**Tahmid Hasib Khan**, a University of Toronto student who survived a hostage-taking in Bangladesh has been detained by authorities ever since the weekend attack, his family said Wednesday as they called for his immediate release. HANDOUT/THE CANADIAN PRESS

ASTRONOMY

## Canadians discover new planet



**David P. Ball**  
Metro | Vancouver

Canadian astronomers have helped make a far-out find some 12 billion km from our sun: a new dwarf planet with an "unusual" 700-year orbit.

Spotted by an international team that includes top researchers in Vancouver and Victoria, it is the largest object in the solar system that Canadians have ever found.

And according to University of British Columbia's Brett Gladman, the crew behind the discovery isn't letting the fact that it's "smallish" get in the way of their excitement — the object's diameter is barely wider than B.C., making it what's known as a "dwarf planet."

"Think of it as a smallish planet," explained Gladman, who holds a Canada Research Chair in planetary astronomy. "It's not quite big enough to be a planet, but it's still an impressive object with enough gravity to pull it into a spherical shape."

IMMIGRATION

## Going home to Afghanistan was one refugee's big mistake

Sometimes, going home can have terrible consequences.

Afghan native Obaidullah Siddiqui learned that the hard way when the former refugee was stripped of his right to stay in Canada because he made the mistake of going back — three times — to his war-torn homeland to visit his aging parents.

After living in exile in Pakistan for two decades, Siddiqui and his family were resettled to Canada as permanent residents by a private sponsorship group in January 2011.

But as his marriage started to crumble amid the chaos of the resettlement, the 49-year-old Surrey, B.C. man said he took three separate trips back home — two accompanied by his children — to visit his parents in Herat and to get their help in saving his marriage.

In November 2013, immigration officials initiated what is known as a "cessation application" and later stripped Siddiqui's permanent resident status on the grounds "he was found to have re-availed himself of Afghanistan's protection" and his life would no longer be in danger there.

As a result, Siddiqui became the first case where a sponsored refugee arriving as a perma-



**Obaidullah Siddiqui** fears being separated from his children if he's forced to leave Canada. HANDOUT/TORSTAR NEWS SERVICE

nent resident was stripped of his status, and faced removal under changes the Tories introduced in 2012 to immigration laws to make losing permanent residence automatic in such circumstances, with no discretion.

"This has broken me. I am going through extremely hard times mentally, emotionally and psychologically. I am being separated from my three lovely children and I am facing an ambiguous future," said Siddiqui, who fled Afghanistan for Pakistan in 1987 before he came here.

"Imagine living with no status, no permission to work, not being able to be with your

children and having nowhere to go."

The number of cessation applications by immigration has skyrocketed from 30 in 2012 to 256 in 2015. Although officials targeted former refugees who were granted asylum in Canada, resettled refugees such as Syrians who recently arrived are not immune.

With the new Liberal government in power in Ottawa, the opposition New Democrats have brought forward a private member's bill to repeal cessation provisions of the law and suspend these cases until the legislation is passed. TORSTAR NEWS SERVICE



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# Baton Rouge police facing criticism

LOUISIANA

## Nearly 200 arrested, but charges still uncertain

Criticism mounted Monday over how Baton Rouge police dealt with throngs of protesters during the weekend, including nearly 200 demonstrators who were arrested and may yet face criminal charges.

The protests have been grow-

“They are telling us not to be violent, but they are being violent against us. Kristy Carter

ing around the country as people express outrage over the recent deaths of two black men at the hands of police in Louisiana and in Minnesota.

East Baton Rouge District Attorney Hillar C. Moore III said Monday that his office hasn't made any decisions on charges against the protesters and that it will be done on a case-by-case basis.

“We're going to do as good job as we can, as quickly as we can, to try to go through the (police) reports as they come in,” he said.

Moore suggested that “first offenders” and people who may have just “stepped over a line” could have their cases resolved more quickly than those for protesters accused of carrying guns or injuring officers.

But with tensions rising since

last week's killings of Alton Sterling in Baton Rouge and Philando Castile in Minnesota by white officers, and an attack on police by a black sniper in Dallas that killed five officers, many have questioned whether the police response has been appropriate.

Kristy Carter said she's been protesting every night since Sterling was killed. She said that officers outside the police station said they don't have a problem as long as protesters don't cross barricades or stop traffic — but that in practice it's different.

THE ASSOCIATED PRESS

### ICONIC IMAGE

#### IN THE MIDST OF CHAOS

Social media is exploding with reaction to a photograph of the protests in Louisiana over the shooting death of Alton Sterling in a struggle Tuesday with two Baton Rouge police officers.

The photo is of a young woman in a flowing dress near the city's police headquarters, the instant before she is arrested by police. She was held in detention for 24 hours.

“Have a feeling we are getting a glimpse of what will be in future history books,” tweets one admirer. “Look at her posture!” another tweets. “She is balanced, powerful, upright and well grounded with both feet firmly planted on the earth.”

The officers in heavy riot gear appear to be reeling backwards from her. PHOTO: JONATHAN BACHMAN/REUTERS; TEXT: TORSTAR NEWS SERVICE



### BREXIT

## Britain to get new ‘Iron Lady’ as PM

Theresa May, 59, is expected to be sworn in as Britain's new prime minister later this week.

She brings with her plenty of experience, having been first elected to Parliament in 1997.

She rose to become chair of the Conservative Party in 2002 and Home Secretary in 2010. Home Secretary is a mega-post in Britain, as it encompasses immigration, anti-terrorism and policing.

Here are three things to know about the woman who is to lead the United Kingdom by the end of the week:

#### 1 “Brexit means Brexit”

She was part of the Remain side in the Brexit debate, although she came under fire for not campaigning hard enough. She has quickly snuffed out any speculation that she'll try to stay inside the European Union.

“Brexit means Brexit and we will make a success of it,” she said.

#### 2 Private person

May prefers not to give out details of her personal life, although she has spoken about some things, such as how she has Type 1 diabetes.

She and her husband, Philip May, were married by her Anglican minister father in 1980.

#### 3 Students aren't immigrants

As Home Secretary, May made



Theresa May GETTY IMAGES

it clear she thinks too many foreign students don't go home when their visas run out.

“I don't care what the university lobbyists say,” she said. “The rules must be enforced. Students, yes: overstayers, no.”

TORSTAR NEWS SERVICE

### + SO BRITISH

#### Cameron's tune

British Prime Minister David Cameron told reporters he'd be calling it quits as prime minister by the end of Wednesday. Then he turned his back and walked back into 10 Downing Street in London. As he turned, it seems he began to whistle and sing “Do dooo doooo” to himself. TORSTAR NEWS SERVICE

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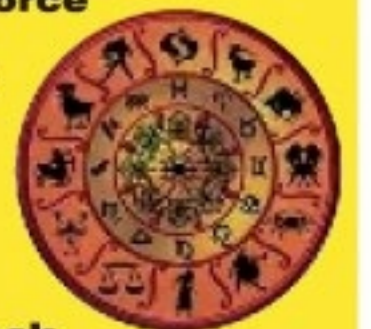
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## EMMA TEITEL ON PASSPORTS

**Unless you have a debilitating fear of heights, the prospect of getting on a plane is unlikely to keep you up at night. But if you are transgender or gender queer, it might.**

Air travel is stressful.

There are passports to mind, forgotten toiletries to stuff last minute into tiny plastic bags, and planes to catch—or miss.

There are glitches in the in-flight entertainment system, crying babies, and — courtesy of the person sitting next to you — inaudible, pungent farts.

But for most of us — and by most of us I mean people whose gender identities match their sex at birth — the stress of air travel is fairly minor.

Unless you have a debilitating fear of heights, or you're a Muslim person wary of racial profiling, the prospect of going to the airport and getting on a plane is unlikely to keep you up at night.

But if you are transgender or gender queer, it might.

In fact, in some cases, it may even prevent you from travelling altogether.

The reason for this is simple. Right now, the gender designations on our nation's passports allow Canadians to identify in only one of two ways — as either "male" or "female."

There is currently no gender-neutral identification option on Canadian passports, meaning that when a transgender or gender non-conforming person goes to the airport with a single-gender passport they can and do face uncomfortable questions and sometimes discrimination from airport staff who

are confused by or suspicious of the way they look.

RJ Vandrish, an artist who lives in Toronto, who is gender queer, hasn't left the country since 2011 precisely for this reason. (2011 was when Vandrish transitioned; they use gender-neutral pronouns).

"I don't feel comfortable trying to cross any borders," says Vandrish, "because I don't know how I'm going to read (to airport staff), especially on an international level where gender is perceived differently."



By requiring holders to indicate a gender, passports reveal information that might not be needed. HANDOUT

"Even domestic travel is a little terrifying because I don't know if they're going to let me on the flight or not, because Transport Canada states that I have to look like my sex."

Vandrish's anxiety about this isn't unwarranted.

"I get referred to as 'oh sir—um oh, ma'am' and the person is very confused," they say. "Or I get looks when I use the washroom. Those experiences tell me that I'm not going to have an easy time traveling with a male or female passport."

Vandrish isn't alone either; according to Marcella Daye, Acting Manager

of Policy at the Canadian Human Rights Commission, the passport problem is top of mind for several transgender and gender non-conforming Canadians whom the organization consulted.

"When a person changes their gender they have to go through a challenging process of changing every single one of their IDs, which is time consuming and costly," says Daye. "While they are in the middle of it, they might be carrying ID's with different genders."

In other words, if your

driver's licence says you're male and your passport says you're female, accessing services that require two pieces of government issued ID can be make for awkward and potentially discriminatory results.

Luckily there is an easy solution to this problem—one adopted by seven other nations, including Australia, Bangladesh, Germany and New Zealand; a solution approved by the International Civil Aviation Organization (to which Canada adheres).

It's the called the third gender option: citizens who select it don't have to iden-



tify as male or female—instead, their passports will be marked with an "X".

Unfortunately there is a downside that makes the option unpopular with some.

That downside is the possibility that those who choose the X option will be easily "outed" as transgender or gender queer by airport officials.

Some gender non-conforming people, says Daye, would rather take their chances with a conventional passport than run the risk of outing themselves to the world.

They prefer the conventional passport (imperfect as it is) to the one that would single them out.

But in the absence of a better solution (perhaps in the future, we can remove gender altogether from passports) the X option is the safest and the most fair that we've got. For those concerned about security, passports are full of other ways to confirm identity—from height to a photograph.

"Gender is rarely needed to deliver a service to a person," says Daye. Neither is religion — once common on identification cards and travel documents.

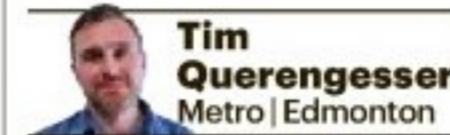
"We used to use race and religion to identify people and we don't anymore," says Daye. It's our hope that gender will come under the same scrutiny."

It's my hope too.

Because when transgender and gender non-conforming people go to the airport, the anxiety inducing question on their minds shouldn't be "what will they say when I flash my passport," but "where the hell did I put it?"

Emma Teitel is a national columnist for the Toronto Star.

## Will the real urbanists please stand up?



Tim Querengesser  
Metro | Edmonton

Talk — Edmonton city council's main export — is not being backed with action these days on active transportation and urbanism.

The examples of noodled backbones are well documented: Council approved protected bike lanes in 2014 only to waffle on building temporary ones when news broke the real ones may not be fully installed until 2020. It also approved space-hogging suicide barriers on the High Level Bridge, perhaps the busiest cycling artery in Edmonton.

On the urbanism front, council somehow tells us it supports making Jasper Avenue a street for pedestrians, then approves a tower there with a massive, above-ground parking lot that pedestrians will get to navigate.

Similarly, the recently-opened Brewery District, which a community league vehemently opposed for its anti-pedestrian design — but which council approved anyway — is about as walkable as its 1990s clone, Oliver Square. So too are the crosswalks leading to the supposedly downtown-vibrancy-creating arena. When I took urbanist Gil Penalosa there he was nearly hit by a motorist.

How different this city feels compared to 2013, when I moved from Toronto. Back then, there was a sense of possibility I'd never before felt in a city. There was a lot of dreamy talk about urban revitalization, solidified with sometimes controversial action.

That talk-and-action mixture had roots in ideas from councils of decades gone by,

who did unglamorous work to transform critical spots like 104 Street by using unpopular zoning and bylaw changes.

It also had roots in past leaders who stuck their necks out. Consider former mayor Stephen Mandel, who threw many under the bus and oversaw some planning duds (South Edmonton Common, anyone?) while battling, tooth and claw, for transformative yet controversial projects, from the Community Revitalization Levy and Rogers Place, The Ways vision documents, the Make Something Edmonton group and the Metro and Valley Line LRT projects.

As he did this, Mandel's talk — that "no more crap" meme we all still sing — was the hard currency people pushing for better traded.

And now, here we are.

From where I sit, that sense of possibility is gone. Our current mayor and council are saying the right things while largely avoiding unpopular action.

Yes, council fired its former city manager and created a new organization that could be transformative; yes, it's pushed for a transit review and is advocating for infill; yes, it is taking reconciliation with indigenous nations seriously.

All difficult but great things. But when it comes to pushing back against those resisting changes that will make the city more usable for all of us, where's the leadership?

Edmonton council will soon vote on a proposed gravel, surface parking lot for the downtown arena. Don't expect a rejection without a fight. It may even be approved.

How far we've come and how much we've invested, only to get to this bizarre scenario.

**Passports are full of other ways to confirm identity — from height to a photograph**

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## Siblings on the sidelines



Right: Sara Selthofer and daughter Menka sneak away to the playground during one of her brother Alex's games. **When youth sports get serious, non-sporty siblings often have to tag along whether they like it or not.** CONTRIBUTED

### FAMILY LIFE

## How parents deal when only one kid is in elite sports

**Genna Buck**  
Metro Canada



For as long as she can remember, many of nine-year-old Menka Stojcevski's summer weekends have been the same. She either sits on the sidelines watching a baseball or golf game, or kills time at a nearby park, sometimes with other non-sporty siblings of

young athletes.

"There was this one like three-hour game of baseball and I was getting really hot. After a while I get bored of watching," she says.

Menka's brother Alex, 12, plays baseball and golf in the summer and rep hockey from August to April. All year long, he has practices and games at least a couple of times per week, more during hockey season, plus weekend tournaments out of town and three-hour-plus drives from their home in Windsor, Ont. to away games.

Alex is in house-league baseball this season, but he's such a strong player that he keeps getting asked to tournaments.

Menka, on the other hand, is more academically inclined.

She likes to read, and has tried out horseback riding, gymnastics, dance and hockey at a recreational level, but nothing requiring anything the type of commitment Alex's sports take.

Their mother, Sara Selthofer, like so many parents, struggles to balance Alex's sports — and the travelling, money and family time they require — with the needs of her other child.

"It's a tough thing," says Katherine Tamminen, a sport psychology professor at York University. "Sometimes siblings do feel neglected."

Elite sports may gobble up time, but they don't have to monopolize parents' attention or "dominate the entire family conversation," Tamminen said.

"Our schedule has basically been around Alex since he was seven," Selthofer says. "It's a daily battle for me. I do feel like I spend a lot more time with Alex. You get caught up in it ... because you're very proud of your athletic child. And Menka's very easygoing and content. (We) almost take advantage of that."

It's painful, because Selthofer loves watching and knows Alex wants both parents cheering him on, but lately they've been splitting up the family more: Her husband Adam takes Alex to his game or practice while Menka and her mom stay home or explore the town they're visiting.

And when she sees Menka fading during a game, they go to the mall, or out for ice cream, or head to the hotel pool.

"I can just tell she's had it," Selthofer says. "For her to sit through three ball games in one day is not fun. It's great if there are other siblings, if she has a friend she can play with. But sometimes that doesn't work out."

### + EXPERT ADVICE

#### Tips for parents from Dany MacDonald, UPEI sports psychologist

##### Provide choices

Decisions help kids "feel invested," MacDonald says. He suggests letting siblings choose their spirit wear for the game, pick where they'll sit and make up a chant to cheer their brother or sister on.

##### Be realistic

Parents need to remember odds are around 1 in 10,000 that a young player will become a pro athlete — even though 30 to 40 per cent of parents believe their kid has what it takes.

##### Make fun priority one

Above all, parents should remember sports are ultimately about fun, especially for younger kids. Kids get the same social and fitness benefits from sampling many sports as they can from elite-level training in one.

"I'm proud of Alex that he goes through all this hard work in hockey and baseball and all the other sports," Menka says, confessing, at the same time, that she'd usually rather do something other than watch a game.

Over the years, Menka has collected some wisdom about how to make the best of being a sports sibling: "Make sure to plan what you're going to do, and don't be shy to make new friends, because if you don't make new friends it's going to be boring."



**JOHANNA SCHNELLER WHAT I'M WATCHING**

## Ignoring women a tired plot device

**THE SHOW:** Marcella, Season 1, Episode 8 (Netflix)

**THE MOMENT:** The doubting boss

British detective constable Marcella Backland (Anna Friel) and her unit think Matthew may be a serial killer, but they can't put the last pieces together. "Why move Grace's body?" asks Marcella's partner Alex (Charlie Covell).

"That's the last thing Henry (Grace's brother) asked me," Marcella says.

"Why did Matthew move Grace's body?" She pauses, thinking. "If Matthew and Henry were like brothers, he would have known about Matthew's back problems. He would have asked how Matthew moved her, not why." Marcella's boss Rav (Ray Panthaki) shuts her down. "We've got all this evidence," he says. "You've got a guy who's saying why instead of how. No. We focus on Matthew only. Understood?"

Um, no, not understood. Rav

knows Marcella is a brilliant cop. For seven episodes, he's seen how right her deductions and instincts are. Yet he's fought her every step of the way, and here, with time running out, he decides to ignore her altogether. Please, TV writers, retire this plot device, which I call the Medium feint. (Remember Medium, where Patricia Arquette always knew who did it, though her boss made her prove herself week after week?) If you have Medium working for you, don't second-guess her.

She's a Medium. Don't create fake drama by not listening to her until it's almost too late. Listen to her! Let her do all the work, while you sit back and collect commendations. And while we're at it, if you're married to I Dream of Jeannie or Bewitched, let her use her powers to house-clean. You'll both be happier.

Johanna Schneller is a media connoisseur who zeroes in on pop-culture moments. She appears Monday through Thursday.



**Marcella Backland is a brilliant cop, but for seven episodes her boss has fought her instincts. It's time to retire this plot device, writes Johanna Schneller.** CONTRIBUTED

# These bachelors are saying no to benders

## EVENT PLANNING

### Skydiving and bike tours are replacing strip clubs, casinos

For Jarrett Ehler, the perfect bachelor party was not a night of drunken debauchery. There were no strip clubs, casinos or limousines.

Instead, he and 11 close friends played golf, ate steaks, sipped beers and talked around a campfire during a getaway at Sherwood Golf and Country Club in Chester, N.S., in early June.

"I wanted it to be about having my friends together and having a good time with them," said the 27-year-old Ehler, who is from Prince Edward Island but lives in Toronto.

"I didn't want it to be a typical city event where everyone is going in different directions and you get so absolutely hammered that you don't even have any meaningful conversations."

Industry experts say Ehler's experience is becoming the new normal. Bachelor parties in Canada are moving away from the traditional night of vice, with many grooms opting instead for experience-based celebrations that run the gamut from beer tasting to bike tours.

Dan Brennan, CEO of the Ottawa-based Breakaway Experiences Inc., said he often caters to



Friends of Howard An, right, who is getting married in October, exercise before some Axe Throwing action as part of An's bachelor party. EDUARDO LIMA/THE CANADIAN PRESS

the thrill-seeking groom. He said bachelors nowadays are looking for a full-day or weekend-long experience, with some opting to tick boxes off their bucket lists.

"It's often not just about partying in bars and drinking anymore. It's turning into a full experience," said Brennan, adding that his company offers a range of bachelor party experiences including skydiving and stunt car driving.

Oren Bornstein, owner of the bachelor party planning company Connected Montreal, said many contemporary couples are getting married at an older age than their parents did.

He said those grooms are more likely to crave a weekend away

from the daily grind rather than a one-night bender. "People are getting married later on in life and there's less and less chances for guys and their buddies to go on vacation with just each other," said Bornstein. "So ironically, it's becoming less about the bachelor and more just about everyone getting together."

But Bornstein conceded he still plans plenty of parties riddled with immoral self-indulgence: "I think at the end of the day, boys will be boys," he said with a laugh.

Newlywed Matt McGrath wasn't interested in having naked women at his camping stag in coastal Blandford, N.S.

"At the end of the day, I don't

live my life like a rap video," said the 31-year-old man with a deep chuckle, adding that his friends planned his party. "(Strippers) don't have any sort of appeal to me. I don't see the entertainment in it and I don't think it's tasteful."

McGrath said he thinks grooms in the 21st century are also becoming more frugal.

"Throwing away your money on visuals — maybe that's not the best way to spend your money or your friend's money when you can grab a couple of beers... and share some stories with the intent of celebrating the life you've created and carved out for yourself," he said.

THE CANADIAN PRESS

## HEALTH TREND

### It's time Canadians embraced the nap

It's overwhelming when it hits, the animalistic urge to take a nap.

It usually happens in the afternoon, when cortisol, the hormone that helps us feel awake, continues to dip to low levels after peaking in the morning and after lunch. But most of the time we don't give in to the urge to nap. That's because to nap is to reveal a weakness, says sleep researcher Sara Mednick with the University of California Riverside. "There's such a feeling of shame and guilt around needing to sleep. It's just not accepted in our culture." But the midday nap, many experts say, can help re-energize us, increase productivity and even stave off heart disease.

Mednick's nap lab is known for having tested well-rested people over the course of a day without napping. She examined their energy level and performance on various memory and creativity tasks. Without napping, they deteriorated throughout the day. She bribed them with money, had them rest with their eyes closed to see if their

performance improved, but nothing worked. It wasn't until they napped for 60 minutes in the afternoon that not only their energy surged, but their ability to perform simple creative tasks like word associations increased.

"Compared to people who've been awake all day, people who nap have fewer attention lapses," Mednick says.

A short 20-minute nap, often referred to as a "power nap," is like pressing the reset button for energy, but it won't have the same impact of a longer nap of 60 to 90 minutes, Mednick says.

Recent studies have shown that napping may be connected to even more dramatic benefits. It has been linked to decreased levels of hypertension, or high blood pressure, according to 2015 research in the Journal of Human Hypertension.

In 2007, researchers with the Harvard School of Public Health in Boston found a relationship between midday naps and a decreased prevalence of heart disease.

TORSTAR NEWS SERVICE



Nappers rejoice. Research has found plenty of health benefits associated with siesta. ISTOCK

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# Duncan calls it a career

## NBA Spurs icon announces retirement at age of 40

Tim Duncan spent nearly two decades as the quiet storm in the middle of the San Antonio Spurs franchise, putting the team on his broad shoulders and carrying it to heights unseen in modern American sports.

With Duncan as the focal point, the Spurs won five championships, made the playoffs in all 19 of his seasons and cemented themselves as one of the most successful sports franchises in history. And now, the tireless and reluctant superstar is finally calling it a career.

The 40-year-old Duncan announced his retirement on Monday, marking the end of an era for the Spurs and the NBA.

"The greatest power forward ever," the Los Angeles Clippers' Jamal Crawford said Monday, as the tributes to Duncan's career began coming.

Few would dare argue. Duncan was the No. 1 overall pick in 1997 and teamed with coach Gregg Popovich, point guard Tony Parker and shooting guard Manu Ginobili to turn the Spurs from a solid franchise that could never quite get over the hump into one of the league's superpowers.

"The constant staple of their franchise," Cleveland's LeBron James said earlier this year.



Tim Duncan spent all of his 19 NBA seasons with the San Antonio Spurs. GETTY IMAGES FILE



**Even tho I knew it was coming, I'm still moved by the news. What a HUGE honor to have played with him for 14 seasons! #ThankYouTD** Manu Ginobili

The unassuming Duncan won two MVP awards and was one of just four players to be named NBA Finals MVP at least three times. Nicknamed "The Big Fundamental" for his clinical approach that favoured bank shots over dunks, he was a 15-

time all-star, a member of the All-NBA first team 10 times and is one of only three players — joining Kareem Abdul-Jabbar and Robert Parish — to win at least 1,000 games in his career. He is fifth on the NBA's career list in blocks, sixth in rebounds

and 14th in scoring.

NBA commissioner Adam Silver called Duncan "one of the most dominant players in NBA history" and lauded him for an "understated selflessness (that) made him the ultimate teammate."

"For two decades Tim represented the Spurs, the city of San Antonio and the league with passion and class," Silver said. "All of us in the NBA family thank him for his profound impact on the game."

THE ASSOCIATED PRESS

## MLB Stanton flexes muscles in derby

Giancarlo Stanton of the Miami Marlins won the All-Star Home Run Derby with an impressive display of power that bested defending champion Todd Frazier of the Chicago White Sox.

Stanton hit a record 61 homers in three rounds Monday night in San Diego, including two shots that were both estimated at 497 feet. The three-time all-star is not on the NL roster for Tuesday night's game after batting .233 with 20 homers and 50 RBIs before the break.

Stanton hit 20 home runs in the final round, including two off the third level of the Western Metal Supply Co. Building brick warehouse in the left-field corner. Two more landed just under the scoreboard in left.

Frazier hit 13 in the final round.

Stanton can defend his title at home next year when the Marlins host the All-Star Game. THE ASSOCIATED PRESS



Giancarlo Stanton GETTY IMAGES

### BY THE NUMBERS

**3**

NBA Finals MVP awards, 1999, 2003 and 2005.

**5**

NBA championships won, in 1999, 2003, 2005, 2007 and 2014.

**50**

Minimum number of games the Spurs have won in each of the last 17 seasons, an NBA record.

**1,001**

Regular-season wins in which he appeared, third-most in NBA history.

**3,020**

His blocked-shot total, fifth-most in NBA history.

**9,370**

Career playoff minutes played, most in NBA history.

## TENNIS Ruling on doping ban postponed



Maria Sharapova GETTY IMAGES

A ruling on Maria Sharapova's appeal of her two-year doping ban has been postponed until September, ruling her definitively out of the Olympics in Rio de Janeiro.

The Court of Arbitration for Sport said on Monday that Sharapova and the International Tennis Federation agreed to defer the decision, which had been due to be issued by next Monday. A verdict is expected by Sept. 19, the court said.

THE ASSOCIATED PRESS

### NBA IN BRIEF

#### Warriors' Green arrested for assault and battery

Golden State Warriors star Draymond Green was arrested on a charge of misdemeanor assault and battery over the weekend near the Michigan State campus, police said Monday.

The alleged incident occurred around 2:30 a.m. Sunday, and involved another an adult male who was not injured and did not flag down an officer afterward.

THE ASSOCIATED PRESS

#### Raptors reportedly add Sullinger to frontcourt

The Toronto Raptors appear to have signed power forward/centre Jared Sullinger in an attempt to solidify their frontcourt.

The Raptors have not officially announced the signing, but Sullinger tweeted "WE THE NORTH#0" on his verified account and changed his Twitter avatar to a Raptors logo.

Reports say the deal is for one year at around \$6 million US. THE CANADIAN PRESS

## MLB Sale pays homage to late Padres great

American League all-star starter Chris Sale paid tribute to late Hall of Famer Tony Gwynn, saying he quit chewing tobacco when the San Diego Padres great died of salivary gland cancer in June 2014 at age 54.

The Chicago White Sox pitcher, who leads the major leagues with 14 wins, was picked to start Tuesday night's game at Petco Park.

"I chewed tobacco from 2007 until the day he passed away," Sale said.

**“**

**I owe him a huge thank you for not only myself but for my family.**

Chris Sale

"I quit that day, and I haven't touched it since."

Gwynn hit .338 over his career with 3,141 hits from 1982-2001. THE ASSOCIATED PRESS

# UFC sold for record \$4 billion

## MIXED MARTIAL ARTS

### Top promotion sold to WME-IMG for huge windfall

In less than 16 years, the UFC has grown from a money-losing company in a widely reviled sport into a global entertainment property worth \$4 billion.

While the UFC and its new owners figure out the company's next steps, Lorenzo and Frank Fertitta are tapping out of mixed martial arts with a remarkable return on a \$2-million investment.

The UFC has been sold for approximately \$4 billion to a group led by Hollywood entertainment conglomerate WME-IMG, both companies confirmed Monday.

The sale will spectacularly benefit the Fertitta brothers and UFC president Dana White, who first persuaded his wealthy high school buddies to buy the cage fighting promotion in 2001. White also owned nine per cent of the company, and he isn't go-



UFC 200 in Las Vegas Saturday night was billed as one of the biggest events in the promotion's history. REY DEL RIO/GETTY IMAGES

### Perfect time to change the revenue split to 46/54 per cent to be equal to the other major sports

A tweet from featherweight Jeremy Stephens who was among many fighters who took to social media to speculate hopefully about Monday's deal.



ing anywhere despite his own windfall: he'll remain the boss and public face of the UFC while

keeping an ownership stake. "No other sport compares to UFC," White said. "Our goal

has always been to put on the biggest and the best fights for our fans, and to make this the biggest sport in the world. I'm looking forward to working with WME-IMG to continue to take this sport to the next level."

Since their purchase of IMG three years ago, WME co-CEOs Ari Emanuel and

Patrick Whitesell have been pursuing properties throughout sports and entertainment ahead of a possible initial public offering. The UFC is their biggest buy yet — and the deal appears to be the largest single financial transaction in the history of sports.

"We're now committed to pursuing new opportunities for UFC and its talented athletes to ensure the sport's continued growth and success on a global

scale," Emanuel said.

In their first public comments about the deal, White and the new owners have suggested little will change at first for the promotion. The UFC has a full slate of fights scheduled this year, all building toward its long-awaited debut at Madison Square Garden in November after New York legalized MMA earlier this year.

But the UFC's new financial backing and WME-IMG's marketing dexterity seem certain to lead to even more growth and global prominence for MMA's dominant promotion, which has bought out or eliminated many of its competitors in the sport.

THE ASSOCIATED PRESS

## \$2.5M

**Brock Lesnar made a basic purse of \$2.5 million US for his win over Mark Hunt at UFC 200 on Saturday night. The payout is a record for a disclosed UFC purse.**



REY DEL RIO/GETTY IMAGES

## IN BRIEF

### Williams claims 'world record' for most drug tests

Former running back Ricky Williams says he went through "at least 500" drug tests during his 11-year NFL career.



Ricky Williams  
GETTY IMAGES

The first-round draft pick by New Orleans in 1999 tells Sports Illustrated in a film to be released on SI.com on Wednesday that he "might have the world record for most times drug tested." Williams, who also played for Miami and Baltimore and had a short stint with the Argonauts in the CFL, sat out the 2006 season while suspended for violating the NFL substance abuse policy. THE ASSOCIATED PRESS

## 8-3-1

Through three weeks of the CFL season, the visiting team has posted an 8-3-1 record. Road teams have outscored their opponents 350-263 for a 13.25 points per game margin of victory.

THE CANADIAN PRESS



Rashaun Simonise celebrates as he runs in a kick return TD during the CIS Mitchell Bowl against Western University in November 2013 in Calgary. JEFF MCINTOSH/THE CANADIAN PRESS

## SUPPLEMENTAL DRAFT

### Simonise gives NFL reason to ponder

Now the waiting begins for Rashaun Simonise.

The Calgary Dinos receiver held his pro day Monday in preparation for the NFL supplemental draft on Thursday. With the audition complete, all the six-foot-five, 190-pound Vancouver native can do now is hope he did enough to earn an opportunity south of the border, either as a draftee or undrafted free agent.

Although his football future remains very uncertain, Simonise was relieved his pro day was over.

"I feel there's been a huge weight lifted off my shoulders," he said via telephone from Calgary. "I feel like I gave everything to this process."

"If I get picked up by a team that would be blessing and if not, I'll just get back to work and keep going after my dream."

Simonise worked out before scouts representing six NFL teams — New York Jets, Arizona Cardinals, Washington Redskins, Los Angeles Rams, Green Bay Packers and Indianapolis Colts. The Calgary Stampeders were the only CFL team on hand.

Simonise posted a 40-yard dash time of 4.52 seconds in windy conditions at McMahon Stadium but has registered a laser-timed effort of 4.42 seconds. He also had a 35-inch vertical,

## DRAFT TRADE OFF

Simonise will be one of six players eligible for the supplemental draft.

Teams taking a player in the supplemental draft lose a pick in the corresponding round of the 2017 NFL draft.

broad jump of 10 feet three inches and eight reps in the 225-pound bench press while also going through agility and route-running drills.

Simonise had 51 catches for 1,079 yards and 11 touchdowns in eight games to earn All-Canadian honours last season. But Canada West's top rookie in 2013 was ruled academically ineligible for the 2016 campaign, prompting Simonise to pursue an NFL career.

"Honestly I thought it went pretty well," Simonise said.

"I have to work on my blocking, getting out of my routes and also attacking the football. Being a six-foot-five guy if I attack the ball with the mentality that it's my ball and no one else's, I feel like there will be nobody who could stop me."

THE CANADIAN PRESS

# RECIPE Salmon with Peach Cucumber Salsa



PHOTO: MAYA VISNIEI

**Ceri Marsh & Laura Keogh**  
For Metro Canada

You can top this sweet and family-friendly salsa on a variety of fish but we're fans of tender salmon.

**Ready in**  
Prep time: 10 minutes  
Cook time: 20 minutes

- Ingredients**
- 4 or 5 filets of salmon with skin
  - 2 cups of peeled, pitted and diced peaches (I used 3 peaches)
  - 1 cup unpeeled, diced cucumber
  - 3/4 cup diced red pepper
  - 1/4 cup washed, finely chopped cilantro
  - 4 Tbsp lime juice
  - 1 tsp of chipotle chiles (adjust depending on how much heat you like) minced

- Directions**
1. Mix all the ingredients for the salsa except the chiles. Separate the amount you think you'll give little kids or those with zero tolerance for heat. Then add your chiles and stir it all together. Taste and check seasoning. Cover and place in the fridge.
  2. Wash and pat dry the salmon. Season the fish with salt and pepper and a slick of olive oil on both sides. Place the fish on the grill, skin side down. Leave for 4 to 5 minutes, depending on the size of your filets. Use a thin spatula to flip the fish over. Allow to cook for another 4 to 5 minutes on the flesh side. Serve with a heaping spoon of salsa

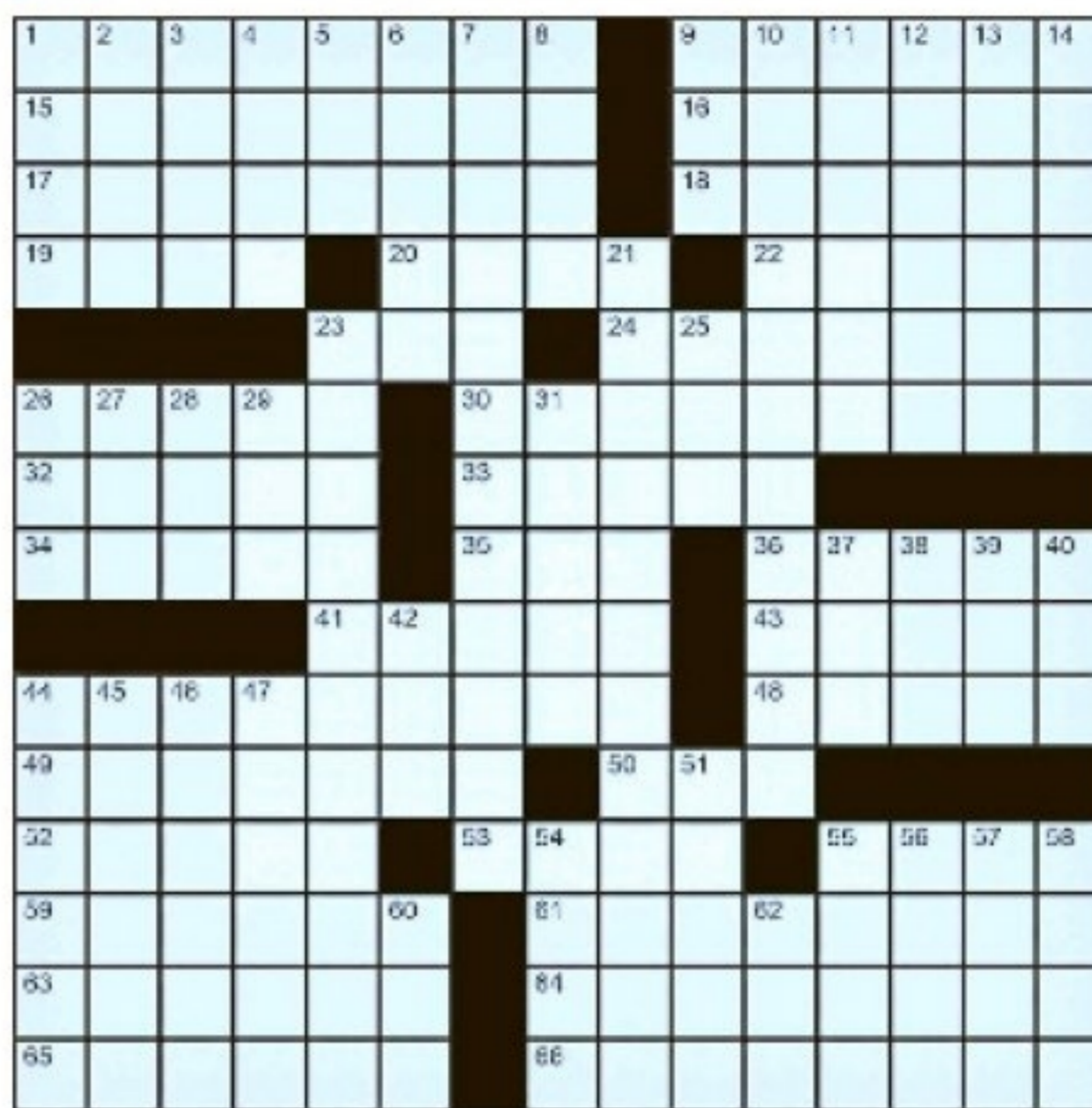
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# CROSSWORD Canada Across and Down

BY KELLY ANN BUCHANAN

## ACROSS

1. Newfoundland... Village on the Great Northern Peninsula: 2 wds.
9. Three-sided ancient harp
15. Goals reacher
16. Q. "Who is Bruce Willis' daughter who won on 'Dancing with the Stars'?" A. "\_\_\_ believe."
17. Canadian super-model Monika
18. Take \_\_\_ (Rest)
19. Leaky balloon sounds
20. 'Arthr' suffix
22. "Say \_\_\_ the Dress"
23. "...or \_\_\_ thought."
24. Greek Myth: Hunter turned into a hunted-by-hounds stag
26. Mount \_\_\_ Hospital, in Toronto
30. Flyers
32. Breezing through
33. Stick out like \_\_\_ thumb
34. Welsh poet Mr. Thomas
35. Calif. NBA team
36. Trash-can-lids-as-instruments theatrical show
41. Actor Alan's
43. Intrepid individual
44. Welder's tool
48. Mosey along
49. Cite: 2 wds.
50. Climbing plant
52. Between: French
53. Supplication
55. Biblical twin



59. Saskatchewan hamlet, it looks like our great nation in a way
61. Hamlet castle setting
63. Cylindrically-shaped
64. Self
65. Town Crier's call: 2 wds.

66. Once/when: 3 wds.
- DOWN**
1. Paul McCartney's instrument
  2. Abbr. list-enders
  3. CFL players, e.g.
  4. Also- (Runners-up)

5. The Company org.
6. "Blame It \_\_\_" (1984)
7. Nunavut... Mount Thor is so steep that it's known for being the Earth's greatest what?: 2 wds.
8. "Able was I \_\_\_

- saw Elba."
9. -La-La lead-in
10. 1967 Rolling Stones hit: 2 wds.
11. Jennifer Lopez hit: 2 wds.
12. "...six \_\_\_-laying..."
13. Speechmaker
14. Certain cameras

21. Canadian author (who grew up in the Chicago suburb of Oak Park) of The Stone Diaries: 2 wds.
23. Be an endorser of 'Ghent' to end the War of 1812: 3 wds.
25. "Proud Mary" gr.
26. Clown face expression
27. Frigid
28. Zippo
29. Santa \_\_\_ California
31. "The Love Boat" bartender
37. Glasgow topper
38. Eyeball
39. Alice's dinner boss
40. Grand-\_\_\_ Nova Scotia
42. Piece of land
44. Inhalation
45. Temporary money getter
46. Hill \_\_\_ (Ireland's ancient High Kings realm)
47. Mr. Klemperer, Colonel Klink's portrayer on "Hogan's Heroes"
51. Pottery creations
54. Carrie Fisher's royal role
55. 'Within'-meaning prefix
56. "\_\_\_ conclusion..." (Speech-ending phrase)
57. Greek city once called Ambracia
58. Slangy one-eighty turns
60. Bee's follower
62. Ancient veil-giver

# ★ IT'S ALL IN THE STARS Your daily horoscope by Francis Drake

**Aries** March 21 - April 20  
The next three weeks will be full of opportunities for parties, picnics, sports events and playful times with children. You feel flirtatious and in the mood for fun!

**Taurus** April 21 - May 21  
Expect to focus on home and family in the next three weeks. Many of you will attend to home repairs and tackle fun decorating projects. (Sometimes not so fun.)

**Gemini** May 22 - June 21  
In the next three weeks, your daily schedule will be busy! Short trips, errands and discussions with everyone will be upbeat and friendly.

**Cancer** June 22 - July 23  
Trust your moneymaking ideas in the next three weeks, because you can boost your income. It's a good time to shop for treasures for yourself and loved ones.

**Leo** July 24 - Aug. 23  
Both Venus and Mercury will move into your sign now, to stay for several weeks. This makes you social, charming and diplomatic. (Yes, everyone loves you.)

**Virgo** Aug. 24 - Sept. 23  
Research and working behind the scenes will go well for you in the next few weeks. If there's something you need to learn or discover, start digging!

**Libra** Sept. 24 - Oct. 23  
The next few weeks will be a social, fun-loving time for you. Enjoy classes, clubs, groups and associations. Expect to hang out with younger, creative people.

**Scorpio** Oct. 24 - Nov. 22  
Discussions with bosses, parents and VIPs will go well in the next few weeks. Expect someone to ask for your creative input about design, layout, landscaping or webpages.

**Sagittarius** Nov. 23 - Dec. 21  
Travel for pleasure appeals to you now. In the next few weeks, you will have chances to travel, which means you must keep your eyes open and be ready to jump at the first opportunity.

**Capricorn** Dec. 22 - Jan. 20  
Gifts, goodies and favors from others will come your way in the next three weeks. This is an excellent time to tie up loose ends with inheritances and shared property.

**Aquarius** Jan. 21 - Feb. 19  
Relations with partners and close friends will improve in the next three weeks, because both Venus and Mercury will be opposite your sign.

**Pisces** Feb. 20 - March 20  
You will enjoy your job much more in the next three weeks because co-workers will be supportive and friendly. You also might get a raise or, at least, praise.

## CONCEPTIS SUDOKU by Dave Green

Every row, column and box contains 1-9



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